



**FRESNO CHILDREN'S**

MEDICAL GROUP

www.fresnochildrens.com

## Over the Counter Medications Guide

Always use the dropper or cup that is supplied with any medication.

Infant drops are more concentrated than suspensions.

**Conversion: 5 ml = 1 tsp**

### Acetaminophen (Tylenol)

*To be given every 4 to 6 hours as needed for fever or pain.*

Age	Weight	Children's Suspension Liquid 160mg/5 ml	Jr. Meltaways 160 mg/tab	Regular Strength 325 mg/tab
0-3 mos	6-11 lbs	1.25 ml or 1/4 tsp	-	-
4-11 mos	12-17 lbs	2.5 ml or 1/2 tsp	-	-
12-23 mos	18-23 lbs	3.75 ml or 3/4 tsp	-	-
2-3 yrs	24-35 lbs	5 ml or 1 tsp	-	-
4-5 yrs	36-47 lbs	7.5 ml or 1 1/2 tsp	-	-
6-8 yrs	48-59 lbs	10 ml or 2 tsp	2 tabs	1 tab
9-10 yrs	60-71 lbs	12.5 ml or 2 1/2 tsp	2 1/2 tabs	1 tab
11 yrs	72-95 lbs	15 ml or 3 tsp	3 tabs	1 tab
12-14 yrs	96 lbs +	20 ml or 4 tsp	4 tabs	2 tabs

### Ibuprofen (Children's Motrin or Advil)

*To be given every 6-8 hours as needed for fevers over **102.5 degrees** Fahrenheit or pain.*

Age	Weight	Oral Drops 50 mg/1.25 ml	Suspension 100 mg/5 ml	Chewable 100 mg tabs	200 mg/tab or caplet
6-11 mos	12-17 lbs	1.25 ml	1/2 tsp	-	-
12-23 mos	18-23 lbs	2.5 ml	1 tsp	1 tab	-
2-3 yrs	24-35 lbs	3.75 ml	1 1/2 tsp	1 1/2 tab	-
4-5 yrs	36-47 lbs	-	2 tsp	2 tabs	1 tab/cap
6-8 yrs	48-59 lbs	-	2 1/2 tsp	2 1/2 tabs	1 tab/cap
9-10 yrs	60-71 lbs	-	3 tsp	3 tabs	1 tab/cap
11 yrs	72-95 lbs	-	4 tsp	4 tabs	2 tabs/cap

### Diphenhydramine HCl (Benadryl)

*To be given every 4-6 hours as needed for allergies, hives, itch, or insect bites.*

Age	Weight	Suspension 12.5 mg/5 ml	Chewable 12.5 mg	Fastmelt 12.5 mg	tablets or caplets 25 mg
6-11 mos	12-17 lbs	1/4 tsp	-	-	-
12-23 mos	18-23 lbs	1/2 tsp	-	-	-
2-5 yrs	-	1/2 - 3/4 tsp	1/2 tab	1/2 tab	not recommended
6-12 yrs	-	1 tsp	1 tab	1 tab	not recommended
> 12 yrs old	-	2-4 tsp	2-4 tabs	2-4 tabs	1-2 tabs

**Poison Control 1-800-222-1222**